

Challenging Ideals of Motherhood: Perceptions of Disability & Babywearing as an Inclusive Practice

The Experimental Vignettes

Control

Elena is a 27-year-old woman who has just discovered she is pregnant. She is both excited and nervous about the pregnancy. She lives with the baby's father in a two-bedroom apartment. The apartment is in a safe neighborhood and there are other families in the building. Elena doesn't have a driver's license and instead takes public transportation, which is typical in the area she lives in. Elena works part-time close to home, and financially is able to pay her bills each month. Elena has a close-knit family, with her parents living nearby. Socially, Elena has close friends that she meets up with at least once a month.

Neurodivergent

Elena is a 27-year-old woman who has just discovered she is pregnant. As an individual with autism, she thrives in structured routines and appreciates quiet, familiar environments. She has unique strengths in focusing on details and values consistency in her daily life. Elena prefers clear communication, as she processes verbal cues more effectively than non-verbal ones, and she carefully manages her sensory environment by opting for quieter spaces. She is both excited and nervous about the pregnancy. She lives with the baby's father in a two-bedroom apartment. The apartment is in a safe neighborhood and there are other families in the building. Elena doesn't have a driver's license and instead takes public transportation, which is typical in the area she lives in. Elena works part-time close to home, and financially is able to pay her bills each month. Elena has a close-knit family, with her parents living nearby. Socially, Elena has close friends that she meets up with at least once a month.

Physical Disability

Elena is a 27-year-old woman who has just discovered she is pregnant. As a wheelchair user due to spina bifida, she encounters inaccessible spaces, but she has developed effective strategies to navigate daily life, adapting her home and utilizing accessible public transportation to maintain her independence. She is both excited and nervous about the pregnancy. She lives with the baby's father in a two-bedroom apartment. The apartment is in a safe neighborhood and there are other families in the building. Elena doesn't have a driver's license and instead takes public transportation, which is typical in the area she lives in. Elena works part-time close to home, and financially is able to pay her bills each month. Elena has a close-knit family, with her parents living nearby. Socially, Elena has close friends that she meets up with at least once a month.