

Use this guide with the TASP video series

## WHERE DO YOU GET THE COVID-19 VACCINE FOR YOUR CHILD?

Most places that give a flu shot are also giving the COVID-19 vaccine for children ages 5-18. If you have a child under age 5, talk to your child's doctor. A vaccine for under age 5 should be coming soon.

Most places do not let you walk in without an appointment to get the vaccine.

#### You can usually go to:



Your child's doctor's office

A local pharmacy or drugstore, like:

- Walgreens, ĆVS, Rite Aid
- Target or Walmart Pharmacy

Urgent Care centers

Local Health Department

### **HOW DO YOU GET THE APPOINTMENT FOR YOUR CHILD?**



You can call your child's doctor to make an appointment if you want to go there.

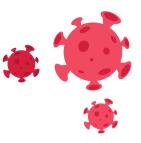
If you want to go to a local pharmacy you can make an appointment online.

Thank you to Self Advocates Becoming Empowered for their support of the Vaccine Awareness and Outreach Project as well as Self Advocacy Resource and Technical Assistance Center, SARTAC Project.



WANT TO LEARN MORE ABOUT HOW TO SUPPORT PARENTS WITH I/DD? visit us at <u>www.achancetoparent.net</u>

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#### HOW DO I MAKE AN ONLINE APPOINTMENT FOR THE COVID-19 VACCINE FOR MY CHILD?

When you know where you want to go for the shot, go to their website.

You can use your phone or a computer.

Look for the words "COVID-19 vaccine" on their website.

You will need to enter information about your child.

It will be a lot of information. You can ask for help if you would like someone to assist you.

Once you enter your child's information it will show you days and times you can go. It will show you different locations you can go.

Think of what works best for your schedule and your child's schedule.

### **REMEMBER!**



Write down your child's appointment time and location.

Make a plan to get there.

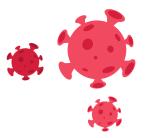
Plan to arrive 15 minutes before your child's appointment time.

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# WHAT WILL HAPPEN WHEN I TAKE MY CHILD TO THE APPOINTMENT?

When you get there, you might need to wait in an area with other people.

You will need to do paperwork.

You will need your child's insurance information. If they don't have insurance that's okay. They can still get the shot.

Take some items to keep your child busy.

You could take a coloring book, small toys, or something else your child likes.

Take someone with you if you will need help.

They can help with paperwork or keeping your child busy and happy.



You should not need to wait too long.

Once they are ready, they will take you and your child to a small room for the shot.

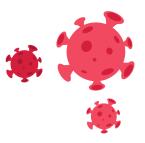
It will be quick!

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#### WHAT HAPPENS AFTER THE SHOT?

After the shot, you and your child will need to wait 15 minutes in the waiting area. This is to be sure your child does not have any side effects from the shot.



You will get a COVID-19 vaccine card for your child. It will have your child's name and vaccine date on it.

Put it in a safe place. You can take a picture of it so you have it on your phone.

The COVID-19 vaccine is a 2-part shot.

Before you leave make your child's next appointment.



It will be for 3 weeks after the first shot.

Your child will also need a booster shot 5 months after their second shot. Make a note of that in your phone or calendar so you don't forget.

### **DO YOU STILL HAVE QUESTIONS?**

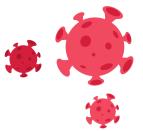
Talk to your child's doctor or another medical professional

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A companion to the TASP video series on getting your child vaccinated against COVID-19

### **REFERENCES AND RESOURCES**

<u>Vermont's Confident Care for Kids</u> is full of information and ideas specifically for getting vaccines for children with special needs or sensory needs.

<u>Centers for Disease Control and Prevention</u>. The CDC is the nation's leading science-based, data-driven, service organization that protects the public's health. They have lots of information about COVID-19 vaccine and children and teenagers. Easy to read information: <u>https://www.cdc.gov/coronavirus/2019-ncov/easy-toread/index.html</u>

<u>Green Mountain Self-Advocates</u> has information COVID-19, and other information, by and for people with disabilities: <u>https://gmsavt.org/</u>

<u>The Association for Successful Parenting</u> has compiled a list of websites and resources that have meaningful and helpful information about COVID-19: <u>https://achancetoparent.net</u>

AUCD's National Center on Disability in Public Health <u>Video Vaccine</u> <u>Stories from the Disability Community</u>: <u>https://nationalcenterdph.org/covid-19-vaccine-video-resources/</u>

<u>Self Advocacy Resource & Technical Assistance Center</u> is your onestop resource for organizing and supporting self advocacy groups and has a Resources section about Health. <u>https://www.selfadvocacyinfo.org</u>

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