

Parenting Tips: Attending an IEP Meeting

By Lindsay Brillhart

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1 Take someone with you

Take a parent mentor or supportive person you know and trust with you to the IEP meeting. It can be hard to be at the table with all the professional people. Having someone you know and trust can help. And they can support you and what you want!

2 Be prepared and ask questions

Prepare for the meeting before you go. Go over all the written information you have with the supportive person who will go to the meeting with you. Talk about what will happen at the meeting. Write down any questions you want to ask at the meeting. Do not be afraid to speak up or have your supportive person help you ask the questions you have.

3 Talk to people before the meeting

Get to know your child's teacher. Talk with her before the meeting. Ask her questions about how your child is doing. Ask her what changes would be helpful. If your child is verbal, talk with your child before the meeting. How do they feel about being in school and the services she is receiving?

REMEMBER!

You are the expert on your child and the IEP team is there to help. You are all on the same team!

